

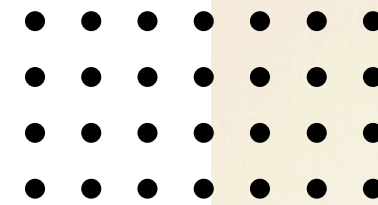


UNIKA YOGA & THERAPY PTE LTD

Unika Yoga & Therapy is a Registered Yoga School (RYS200) under the Yoga Alliance. As a RYS200 under the Yoga Alliance and a Continuing Education Provider, we provide a structured and holistic approach to our yoga courses, yoga classes, yoga workshops and yoga retreats.

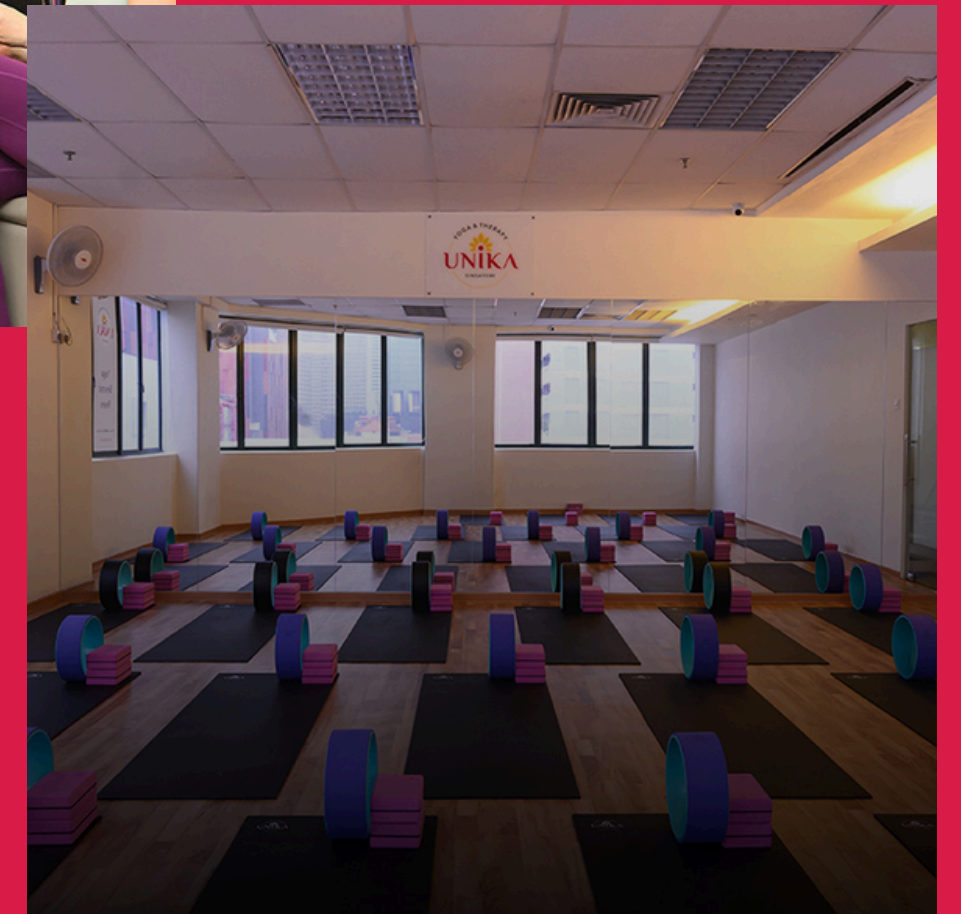
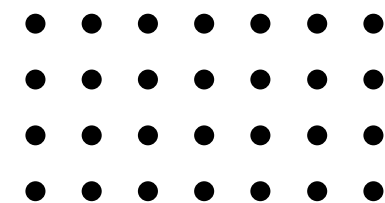


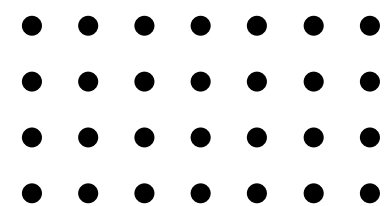
www.unikayoga.com



ABOUT US

Unika Yoga & Therapy, inspired by union and uniqueness, stands as a supportive and inclusive wellness haven in Singapore's CBD. As a Yoga Alliance Registered Yoga School (RYS200), we offer thoughtfully crafted courses—including yoga therapy, teacher training, group and personal classes—for students of every proficiency. At our heart is Dr. Kuldeep K. Kushwah, whose blend of traditional, scientific, and therapeutic expertise guides our holistic approach. Our mission: to nurture a tranquil space where self-discovery, healing, and personal growth can flourish through mindful movement, breath, and community-centered practice.





OUR CLASSES



YOGA INSTRUCTOR
COURSE



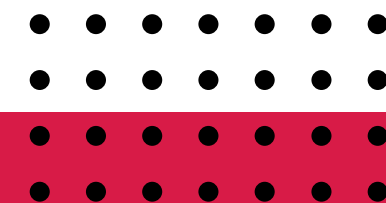
YOGA WORKSHOPS
SINGAPORE



SOUND HEALING
SINGAPORE



YOGA FOR BEGINNERS





THANK YOU

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