

## 3 Ways the Sun is Ruining Your Face (And One Way to Fix It)

We love the sun. It gives us vitamin D, excuses to drink cocktails with umbrellas in them, and that golden tan that makes everyone look 10% healthier. But let's be real—the sun is also a bit of a bully to your face. It is constantly poking you in the eyes with glare, forcing you to make faces you didn't intend to make. Hawaii Facial Plastic Surgery is here to help you stand up to the bully without having to move to a cave in Alaska.

Here are the three ways the sun is messing with your mojo, and the one magic trick to stop it.

### 1. The "Driver's Seat Scowl":

You know this look. You are driving down the H1, the sun is blazing through the windshield, and you look like you are plotting a very complicated revenge scheme. You aren't angry; you're just blinded. But your forehead doesn't know the difference. It thinks you are furious, and it etched those "11" lines between your brows to prove it.

### 1. The "Beach Day Blindness":

You are trying to look cute on the sand, but the white glare is so intense your eyes have essentially disappeared into a scrunch of skin. This is the birthplace of crow's feet. Those tiny lines fan out faster than tourists at a luau when the food is served. Sunglasses help, but let's be honest, you take them off for the 'gram, and the squint returns.

### 1. The "Permanent Surprise":

Sometimes, to counteract the heavy feeling of squinting, we raise our eyebrows way up high. Do this enough, and you get horizontal lines across your forehead that look like a lined sheet of notebook paper. Now you look constantly shocked by everything. "The price of gas? Shocking!" "The traffic? Shocking!" It is exhausting.

The Fix? A little bit of neuromodulator magic. When looking for [botox Hawaii](#) locals know it is the secret to enjoying the sunshine without wearing it. It relaxes those over-dramatic muscles so you can drive, beach, and exist without crumpling your face like a used receipt.

So, keep the tan (safely!), keep the umbrella drinks, but lose the squint. Your face will thank you.

Ready to smooth things over? Contact Hawaii Facial Plastic Surgery.  
Check them out at <https://hawaiiifacialplasticsurgery.com/>.